



AGENDA

Compassion Fatigue Educator Course

Day 1: June 29th, 2020

9:00-9:30	Introductions, workshop objectives, tour of training material
9:30-9:45	The 12 educational & experiential goals of the Compassion Fatigue 101 course
9:45-10:00	Assessment of your areas of strength and concern
10:00-10:15	Getting comfortable with terminology: explain the difference between compassion fatigue, secondary/vicarious trauma, moral distress and burnout.
10:15-10:30	Break
10:30-11:00	Review of the research on what works in managing/addressing Compassion Fatigue/ Vicarious trauma and related concepts
11:00-12:00	The five key elements of a workshop – part one
12:00-1:00	Lunch
1:00-2:00	The five key elements of a workshop – part two
2:00-2:30	Developing an introductory narrative hook
2:30-2:45	Break
2:45-3:15	Developing your hook – con't
3:15-3:30	Best and worst presentation experiences
3:30-4:00	Q&A and wrap-up. Homework explained.

Day 2: June 30, 2020

9:00-9:30	Review of Organizational Health essentials in high trauma work environments
9:30-10:00	How to carry out a needs assessment and customize your training
10:00-10:30	How to deal with push back and naysayers in the audience
10:30-10:45	Break
10:45-12:00	Developing your workshop
12:00-1:00	Lunch break
1:00-2:00	Small group presentations to large group with feedback
2:00-3:30	The neuroscience of grounding skills for you and your audiences: Strategies for integrating self-care and mindfulness activities in your workshops
3:30-4:00	Evaluation forms and Questions